

# Sparkling Water Recipes

Make the most out of your system by introducing indulgent new beverages that are simple to produce with Purezza. Just add syrups and natural ingredients to produce home-made sodas, sparkling iced teas, cocktails, mocktails and fruit detox waters.

**PUREZZA™**

PREMIUM WATER

# Sparkling iced tea

## Rockmelon, blood orange & lemon sparkling iced tea

Ingredients:

- 200g rock melon
- 3 x blood oranges
- 1 x lemon
- 2 x cups strongly brewed black tea

Method:

Peel fruit & blend to pulp.

Add Purezza sparkling water to serve. Garnish with lemon wedge.

## Sparkling green tea & mango splash

Ingredients:

- 3 x cups strongly brewed green tea
- 3 x large mangos, peeled & de-seeded

Method:

Peel and roughly smash mangos, add tea.

Add Purezza sparkling water to serve. Garnish with mango slivers & mint.



## Grapefruit & wild hibiscus iced tea

Ingredients:

- 2 x large grapefruits, peeled
- 3 x hibiscus flowers
- 3 x cups strongly brewed black tea

Method:

Blend together grapefruit and 2 hibiscus flowers. Add Purezza sparkling water to serve. Garnish with remaining hibiscus flower

# Flavoured detox water

## Cucumber & lemon detox water

Lemon is great for boosting your immune system & cleaning out harmful toxins. Cucumber is an anti-inflammatory & helps you stay hydrated.

Ingredients:

- 6 x lemons
- 4 x Lebanese cucumbers

Method:

Blend lemons & cucumber. Add Purezza sparkling water to serve. Garnish with lemon wedge

## Watermelon & mint detox water

Watermelon contains vitamins & minerals & has a detoxing effect.

Ingredients:

- 4 x cups seedless watermelon in chunks
- 1 x cup mint

Method:

Roughly pulse watermelon and mint. Add Purezza sparkling water to serve. Garnish with mint leaf.



# Flavoured sparkling water

## Strawberry, pineapple & lime sparkling water

Ingredients:

- 3 x fresh limes, juiced
- 2 x cups of strawberries (fresh or frozen)
- 1x cup of pineapple

Method:

Blend strawberries, pineapple and lime juice in blender. Add Purezza sparkling water to serve. Garnish with lime wedge.

## Lemon & Aloe sparkling water

Ingredients:

- 4 x large aloe leaves
- 4 x large lemons, peeled

Method:

Split the aloe leaves down the centre. Remove the gel, discard the remainder.

Blend aloe gel and lemons in blender.

Add Purezza sparkling water to serve. Garnish with lemon peel.



## Raspberry & Mint sparkling water

Ingredients:

- 250g fresh raspberries
- 1 x bunch fresh Vietnamese mint
- 1 x lime cut into wedges

Method:

Muddle the raspberries & mint. Add Purezza sparkling water to serve. Garnish with lime wedges.